

NATIONAL SKILL TRAINING INSTITUTE FOR WOMEN- KOLKATA

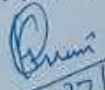
Schedule for sports week: inauguration of sports on 09/01/2023 time: 10:30AM

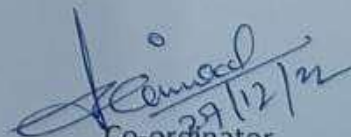
Sl. No.	Events	Date	Time	
			Before lunch	After lunch
1.	Shot put (for trainees)	09/01/2023	10:30am-1:30pm	
	Shot put (for staff)			2:30pm-5:00pm
2.	Balance race (for trainees and staff)	10/01/2023	10:30am-1:30pm	
	3 leg race (for trainees)			2:30pm-5:00pm
3.	Skipping (for trainees and staff)	11/01/2023	10:30am-1:30pm	
	Kabaddi (for trainees)			2:30pm-5:00pm
4.	Long jump (for trainees)	12/01/2023	10:30am-1:30pm	
	Tug of war (for trainees)			2:30pm-5:00pm
5.	Badminton (for trainees and staff)	13/01/2023	10:30am-1:30pm	
	Rangoli competition (for trainees)			2:30pm-5:00pm
6.	Mehndi competition (for trainees)	16/01/2023	10:30am-1:30pm	

Instructions:

1. Interested trainees should submit their names to Ms. Shweta jaiswal latest by- 05/01/23.
2. For Rangoli and mehndi completion, no material will be provided by the institute.
3. For Rangoli competition use of rangoli colors will be permitted. An area of 3'x3' is to be covered.
4. JUDGE'S decision will be final.

Copy to : notice board and all staff members.


Principal
27/12/2022


Co-ordinator
Shweta Jaiswal(TO)
29/12/22